

SOUTHEAST TEXAS OB/GYN ASSOCIATES. P.A.

755 N. 11th Street, Suite P4200
Beaumont, TX 77702

(409) 899-1499

MEDICATIONS THAT YOU MAY TAKE DURING PREGNANCY

NAUSEA AND VOMITING - Emetrol, Ginger 250mg three times per day as needed, Vitamin B6 25mg three times per day + Unisom 25 mg (if insurance does not cover Diclegis)

**HEADACHES, FEVER & MINOR ACHES AND PAINS - Tylenol, Extra Strength Tylenol, Tiger Balm, Biofreeze

SEASONAL ALLERGIES - Benedryl, Claritin, Zyrtec

NASAL/SINUS CONGESTION – Sudafed (if not hypertensive), Normal Saline nasal spray, Flonase

COUGH - Robitussin, Mucinex, (or generic equivalent)

SORE THROAT – Cepacol Lozenges, Chloraseptic spray

INDIGESTION - Tums, Mylanta, Titralac Plus, Maalox, Pepcid AC, Zantac

INSOMNIA – Tylenol PM, Unisom

GAS/BLOATING - Simethicone, Phazyme, Gas-X, (or generic equivalent)

CONSTIPATION – Metamucil, Citrucel, Colace, Benefiber, Fibercon, Milk of Magnesia, Miralax

DIARRHEA - Immodium A.D.

HEMMORRHOIDS - Preparation H, Anusol H C.

YEAST INFECTIONS - Monistat 7

COLD SORES – Abreva topical

*If you are presently taking any prescription medications, notify your doctor.

*If you are diabetic, contact your endocrinologist immediately for evaluation.

Recent studies may suggest a link between excessive use of Tylenol and increased risk of A.D.H.D.

Pediatricians

Ataya-Dakour, Ramona	409-832-1225	3070 College St, Ste. 205
Beaumont Pediatrics*	409-899-1433	3127 College St.
Bartz, Roger		
Brown, Renee		
Hubbell, Carl		
Roesler, Nathan		
Worley, Kyle		
Colbert, Bobbie	409-333-1284	3070 College, St, Ste. 205
Ezike, Elias	409-838-9944	710 S. 8 th St
MD Kids Pediatrics*	409-212-9988	490 IH-10, Ste 220
Black, Jorge		
Garcia, Elizabeth		
Rafiq, Shahid		
Prause, Alvin	409-892-7111	2965 Harrison, Ste. 220
Taylor, Luis	409-333-1377	3030 North St., Ste. 500
Gonzalez, Arnuflo		

*denotes offices with Nurse Practitioners/Phys. Assts available